



SASIC District-SASIC Prep M.S. School's Health Advisory Council

Facilitator: H. Alperin

February 9th

Note taker: H. Alperin

Attendees: Mr. Noyola, Nurse Lauren, Mr. Alperin. Parents-Mr. Cannon, Ms. Casares (Emerald), Ms. Castillo (Amber)

Notes: 2nd SHAC Meeting of the School Year...

Discussion:		
Mr. Alperin read back notes from the last meeting.		
Mr. Cannon reminded group that permission slips for 'Human Sexuality' course must be done two weeks in advance in accordance to TEA rules.		
Committee wants an 'All-Day Field Day' not a couple of hours or afternoon. The group suggested we take a half day and turn it into a whole day. Color-coded wristbands can help organize a competition among students with a winner getting a prize.		
Action items:	Person responsible:	Deadline:
Permission Slip- State Education website has template for Health Ed.	Alperin	Mar. 7
Plans		
Discussion: Field Day Theme is "Sound Body-Sound Mind"		
Field Day station set-up will use a classroom, and mostly gym and pavilion.		
We need to be aware that some students may not be able to participate in all events of Field Day.		
Group decided on 6 stations of 45 minutes; 3 outside, 2 in the gym and 1 classroom.		
Conclusions: All Day Field Day with stations and wrist-bands to divide teams will get students motivated.		
Action items:	Person responsible:	Deadline:
Each committee member will take topics and come up with fun ideas for stations to discuss at next meeting.	All	Mar. 7
Ms. Benavides/Ms. Fernandez will be contacted with their assigned topics.	Mr. Alperin	Mar. 7

Outcome: Member responsibilities for topics: Bullying-Ms. Betty, Disease and Hygiene-Nurse Lauren, Nutrition and Physical Fitness-Mr. Noyola, Leisure and Community-Mr. Cannon, Drug and Alcohol Abuse-Ms. Casares, Domestic Violence and Obesity-Ms. Benavides & Ms. Fernandez.