



SASIC District-SASIC Prep M.S. School's Health Advisory Council

Facilitator: H. Alperin

December 14th

Note taker: H. Alperin

Attendees: Mr. Noyola, Ms. White, Mr. Alperin, Ms. Orozco. Parents-Mr. Cannon, Ms. Benavides, Ms. Fernandez, Ms. Castillo, Ms. Tello

Notes: 1st SHAC Meeting of the School Year...

Discussion: Mr. Alperin read to the committee the entirety of 'SHAC in a Nutshell', which is written and supplied by TEA.		
Mr. Cannon and Ms. Benavides were given co-chairs responsibility.		
Group talked about deeper meaning of 'human sexuality.'		
Members discussed ideas for an end of year 'Field Day' with health related entities involved.		
Members discussed a 'wheel of health' idea forwarded by Mr. Alperin and Ms. Orozco in which students can spin the wheel and answer questions on health for tickets and prizes.		
Conclusions: Members whittled the 12 topics of the 'wheel of health' down or combined topics. Members agreed to use...		
'Mental Health' instead of 'Body as my Temple.'		
Action items:	Person responsible:	Deadline:
Members agreed to review topic areas and think of ideas for 'Field Day'	All	Mid-January

Plans

Discussion:		
For grades 6-8 th , committee decided to ask for health class of 4-6 weeks long to address 'Sex Ed' with the effects of diseases--symptoms and pictures to go with it.		
Letter will need to go home to parents to make them aware of committee decision and approval for their student to take class.		
Conclusions: Members believe that a class is necessary for students to learn about 'Human Sexuality' and hygiene methods, as well as other related topics.		
Action items:	Person responsible:	Deadline:
Seek out a proper resource for 'Sex Ed.'	Mr. Alperin	Mid-January

Outcome: Meeting went well with ideas for an end of year 'Healthy Field Day' and to have the school teach 'human sexuality' with proper resource.